

# RADIONICS : A CLINICAL SURVEY

Tom Lafferty MSc MRadA HFRadA

## INTRODUCTION

The aim of the survey was to attempt to evaluate the patients' perceptions of the benefits they were receiving from Radionic Treatment and to derive a profile of the patients themselves and their illnesses.

It was centred on patients of 4 Radionic Association practitioners. They agreed to fill in and sign a questionnaire, with anonymity agreed in published results. The survey form was based on that used by the Glasgow Homeopathic Hospital, suitably modified to take account of the therapy of Radionics, and used with permission.

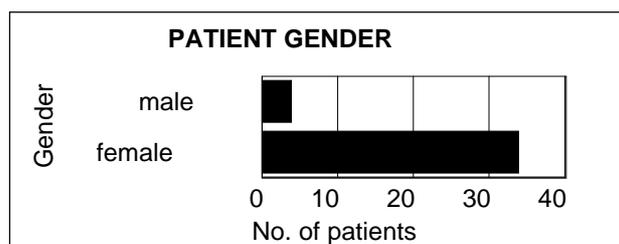
To give a randomness to the selection, the practitioners were asked to invite first 10 patients who started treatment on or after the 1st Sept or the 1st Oct 1996 to participate. In the event of a patient not wishing to participate, the next on the list was selected - continuing until the 10 target places were filled.

38 replies were received from the 40 invited. Note that there were random omissions in the replies. All observations etc are based on the relatively small sample used.

## SURVEY DETAILS:

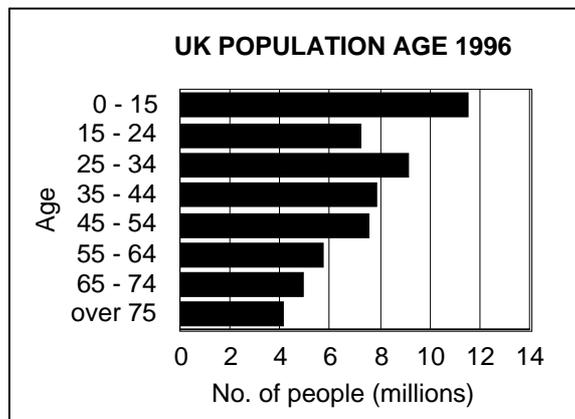
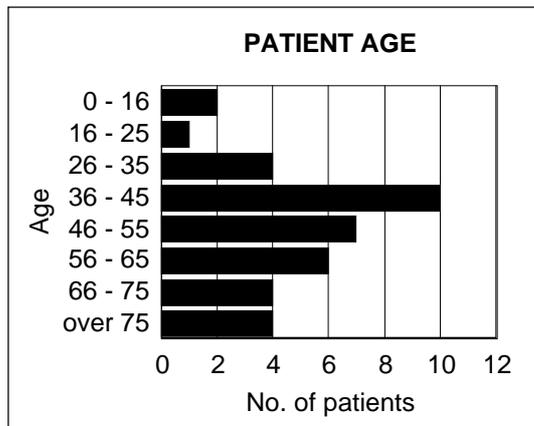
### 1. Patient Profile (a) Gender (b) Age

(a)



**Comment :** The 1996 UK Census projection shows a 51% / 49% female / male population breakdown, while the above graph shows an equivalent 85% / 15% ratio. There is a significant bias in the use of Radionics by the female population.

(b)



**Comment:** It is clear that there is a bias in the use of Radionics towards the middle to upper age range as against the bias towards the lower age range in the UK population.

## 2. Patients' Main Complaint(s) at first request for treatment (patient description)

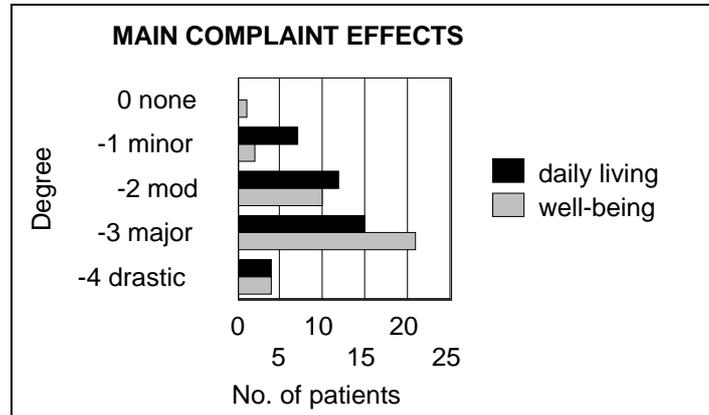
Frequency >1 ME (2) Low blood pressure (5) Migraine (2) Low energy (6) Eczema (4) Allergies (3) Psoriasis (3) Stomach Upsets (3) Muscle strain (2) Psychological (2)

Frequency =1 Varicose veins, Asthma, Infertility, Tinnitus, Cyst, Stress, Dislocated shoulder, Sinusitis, Depression, Agoraphobia, Gallstones, Arthritis, Menstruation, Prostate, Menopause, Birth effects, Stiff neck.

**Comment:** The list shows that Radionics is seen by patients as having the potential to help in a wide range of problems both chronic and acute.

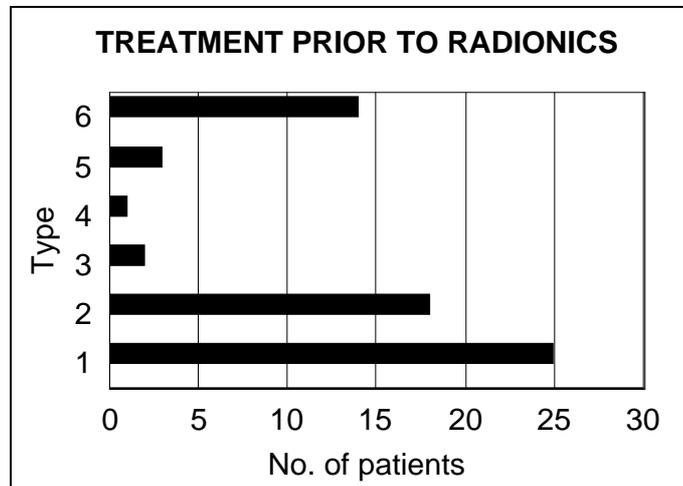
### 3. Main Complaint Effects on Daily Living and Well-being

A 5 point scale was used to allow a reasonable spread against which to refer the question (note mod = moderate). The interpretation of drastic, major etc was that of the patient.



**Comment :** A significant majority of patients (over 80%) reported a moderate/major/drastic negative effect in the two areas referred to.

### 4. Pre-Radionic Treatment



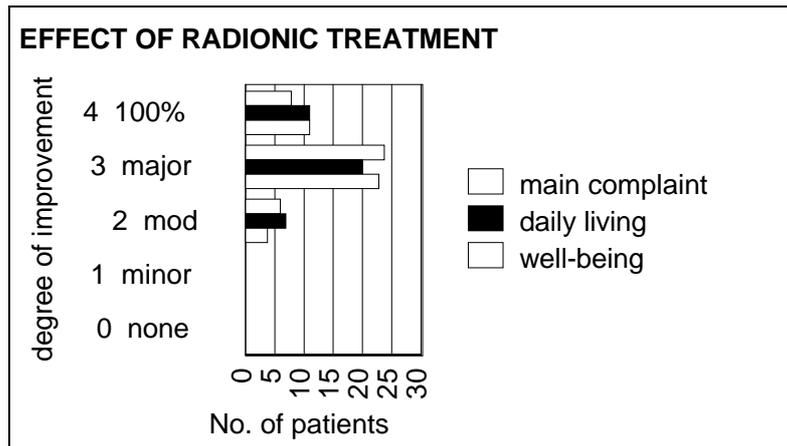
- Type key :
1. Consulted doctor
  2. Specialist's opinion as out-patient
  3. In-patient hospital care
  4. Surgery
  5. Other conventional approach
  6. Other alternative/complementary approach

Details for type 6 (no details were provided for 5) : Healing (4) Homoeopathy (8)

Acupuncture (5) Herbalism (2) Reflexology (2) Osteopathy (5) Hypnotherapy (1) Physiotherapy (2) Shiatsu (3). In addition one patient reported using all 9.

**Comment :** A clear indication is given that nearly all the patients had used one or more forms of conventional medicine prior to seeking Radionic treatment.

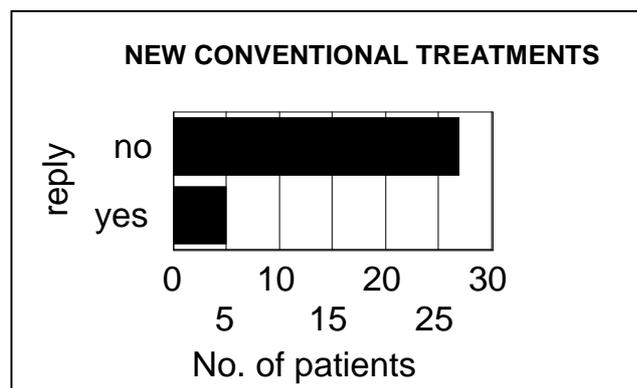
### 5. Effect of the Radionic Treatment



**Comment :** A significant majority of patients (over 80%) reported a major or total improvement in the complaint itself and in its effect on their daily life and wellbeing, while none suggested a less than moderate improvement in all the areas.

### 6 Subsequent to starting Radionic treatment

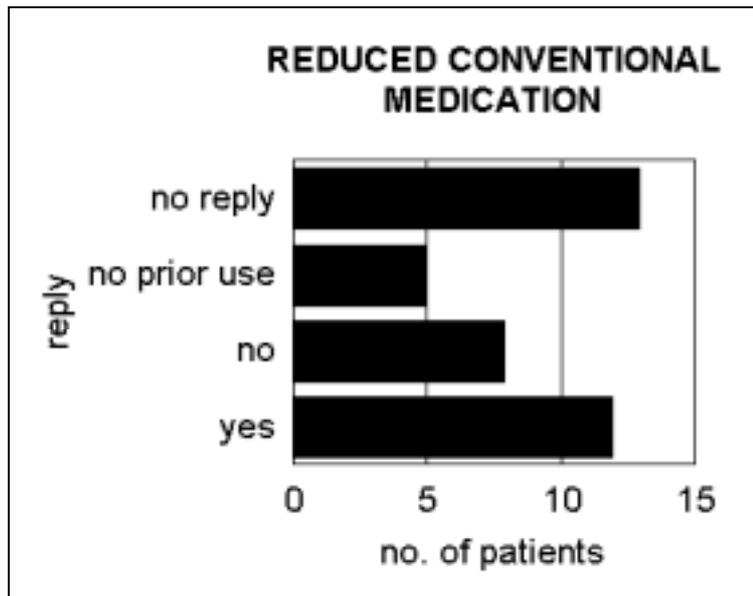
(a)



No details provided by those who answered yes.

**Comment :** A significant majority of those replying (84%) felt that they needed no further conventional treatment in relation to the reported main complaint(s).

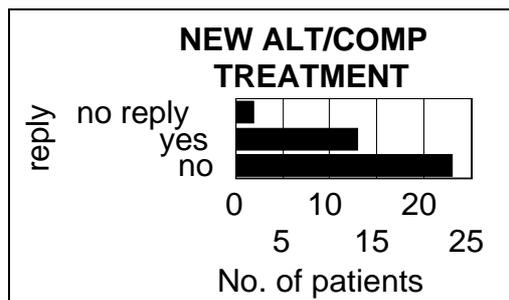
(b)



Details from yes answers : Pain killers (5) Sleeping pills (3) Skin creams (4)

**Comments :** A significant number (34%) failed to respond to this question but of those who did, 60% reported a reduction. Note that all patients are advised never to reduce any prescribed medicine without the agreement of their medical practitioner.

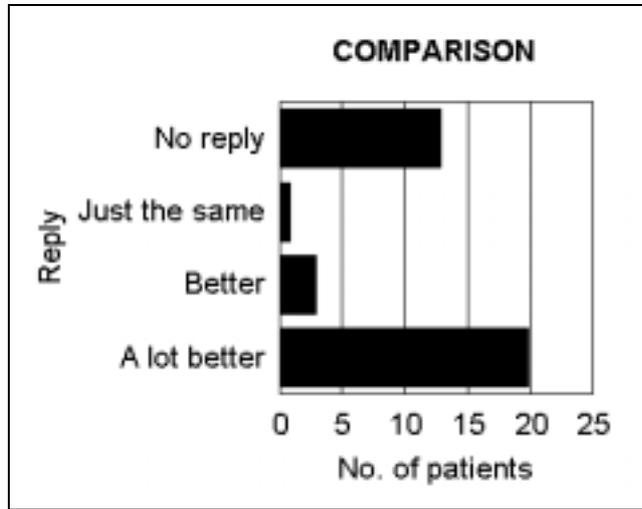
(c)



Listed : Acupuncture (1) Herbalism (2) Homoeopathy (3) Shiatsu (1) Herbalism (1) Craniosacral (2) Osteopathy (3) Aromatherapy (1) Reflexology (1) Naturopathy (1)

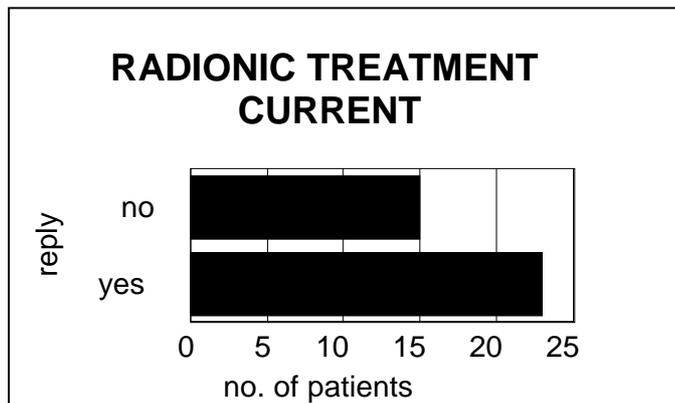
**Comment :** 64% of the 36 who responded indicated that Radionics was satisfying their needs in relation to the main complaint(s) presented.

**7. Perceived efficacy of Radionics compared to conventional medicine for the main complaint(s)**



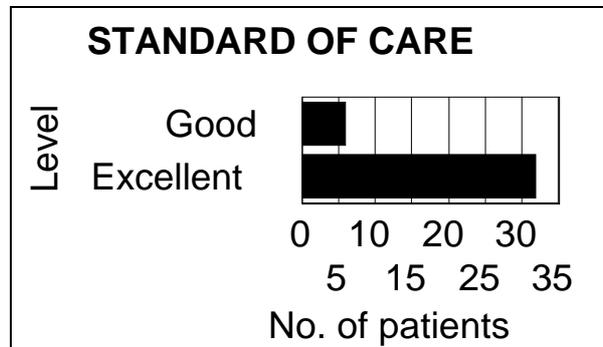
**Comments :** Of the replies received, 83% indicated that Radionics was significantly better while none suggested it was worse.

**8. Is Radionic treatment continuing?**



**Comment :** Of the 15 who were off treatment, 7 stopped of their own accord and 8 at the suggestion of the practitioner. The reason quoted in all cases was that the improvement was marked enough to do so.

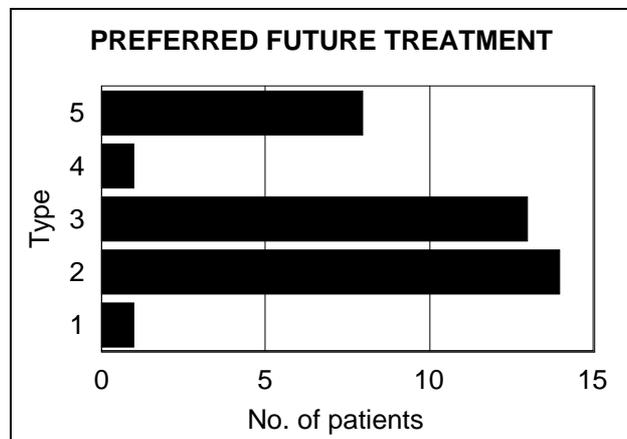
## 9. Standard of care received from Radionic Practitioner



Further comments: Supportive (1) Very helpful (3) Caring/Sensitive (1) Took trouble to listen (3) Kind and compassionate (2) Best help ever (1)

**Comment :** All 38 patients responded to this question, with 84% indicating excellent and 16% good, while none suggested it was average or below.

## 10. Future Treatment



Treatment type key : 1 Conventional  
 2. Radionic  
 3. Combination of 1 and 2  
 4 Other Alternative or Complementary  
 5 Other

The 8 “other” replies : Radionics plus other Complementary/Alternative (7)  
 Radionics plus Conventional plus Alternative/Complementary (1)

**Comment :** 95% indicated that in the future Radionics would form at least part of their future health care, 35% in combination with conventional medicine.

## **11. Other changes noted apart from physical condition.**

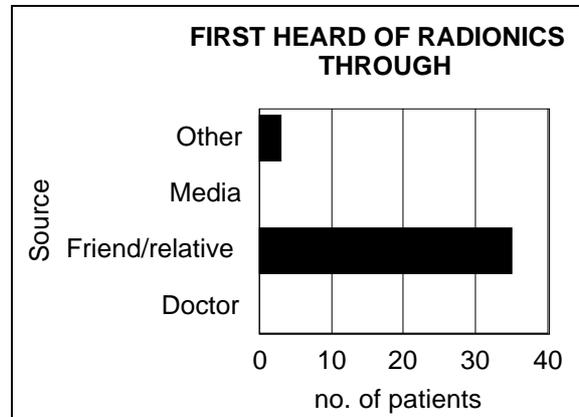
21 patients gave no answer. The others made the following comments : More relaxed (4) Happier/less worried (2) Sleep better (1) More confident (2) Generally better (1) More aware of lifestyle (1) More energy (1) Greater wellbeing (2) Fewer colds and headaches (1) Greater peace of mind (1) Marvellous recovery rate from colds (1) Positive understanding about health (1)

## **12. Further comment**

20 entries were made under this heading as follows (edited) :

Can't identify relative benefit of Radionics and conventional medicine;  
Would like a greater understanding of Radionics  
Realise the benefit of regular reporting;  
Hope that conventional medicine will integrate with Radionics;  
Over a period of 20 years Radionics has always proved beneficial;  
Treatment at a distance is a great advantage;  
Flabbergasted as to how well radionics worked - hadn't expected much;  
The knowledge that Radionics was available prevented us from worrying about illness;  
Speed of action unbelievable;  
Post operative recovery good with Radionics;  
Recommended Radionics to friends for "eczema" symptoms with similar success to my child's;  
Great help for me and for other family members and pets;  
Rapport with practitioner important;  
Public should be made more aware of Radionics to give greater acceptance, which would benefit GPs enormously;  
I would hope that Radionics and other Complementary therapies can be given more support and their importance recognised;  
Don't know how I would have coped without Radionics and my practitioner care;  
Radionics doesn't seem to suit everyone;  
Happy to have found such a good therapy and practitioner;  
Became confident in choosing best therapy to use with the guidance of my Radionic practitioner.

### 13. Source of initial information on Radionics



3 “other” Sources - Practitioner talk (1) Homoeopath (1) Naturopath

**Comment** : 98% heard through friends etc suggesting that at the time (latter part of 1996) media advertising was ineffective and doctors, for whatever reason, didn’t think it appropriate to refer patients to the therapy.

#### Summary Statement:

The survey shows that Radionics is seen as having a major part to play in the well-being of people and as having a high level of patient satisfaction. There seems to be no reason why Radionics should not flourish in the Healthcare system currently evolving.

And finally - Thanks to the four Practitioners (Val Forder, Alan Gwilt, Sally Higham and Alison North-Lewis) who helped to get the project moving and to the 38 patients who took the time to complete the questionnaire.