

Radionics: A Patient Survey

by Tom Lafferty MSc, HFRadA, MRadA

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Radionic Association, Baerlein House, Goose Green, Deddington OX15 0SZ

T/F +44 (0)1869 338852

radionics@association.freeserve.co.uk

web: www.radionic.co.uk

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Introduction

A patient survey was conducted in 1996 and was successful in evaluating patients' perceptions of the benefits they had received from radionic treatment (see Winter 1998 Journal; 44(2), 17-24).

The exercise was repeated in 2002 using a similar questionnaire to see if the picture had changed and also to generate information as a guide to discussion on future actions by the Radionic Association.

83 patients, selected randomly, agreed to participate but in the event only 59 (71%) returned a completed questionnaire.

Note: The value of the type of research carried out here was confirmed by an item in the Prince of Wales's Foundation for Integrated Health Oct 2003 newsletter which read:

'A report has been published by Tyne and Wear Health Action Zone which explores the patients' perspective of complementary medicine (CM) and its perceived impact on their mental health and wellbeing. The research is based on qualitative data from the integrated healthcare pilot study in Newcastle Primary Care Trust. The report concludes that the fundamental approach and philosophy of CM has had a positive effect.'

'The pilot study came third in the Foundation's 2001 Awards for Good Practice in Integrated Healthcare and is shortlisted for this year's Awards.'

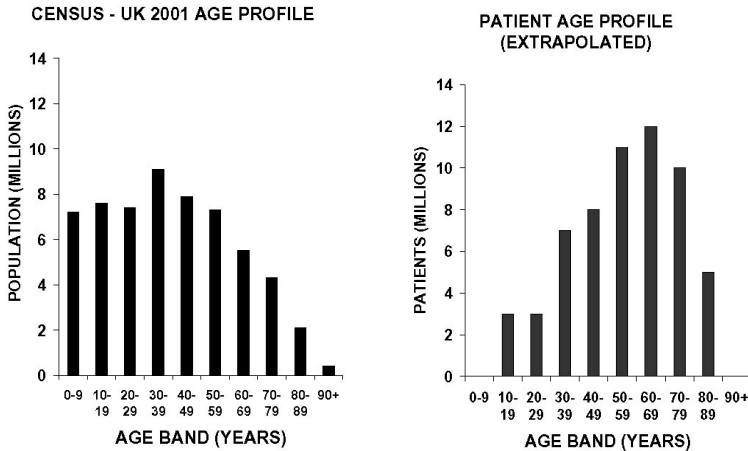
Summary of Findings

1. Patients predominantly female and over 50.
2. Most had seen a doctor for the reported symptom(s).
3. A very wide range of symptoms was reported - physical, emotional, mental.
4. A significant improvement is noted in symptoms and wellbeing.
5. Great satisfaction with patient care.
6. Future treatments will invariably involve radionics.
7. Poor publicity/public awareness.
8. No significant differences when compared to 1996 findings.

Survey details

1. Patient profile

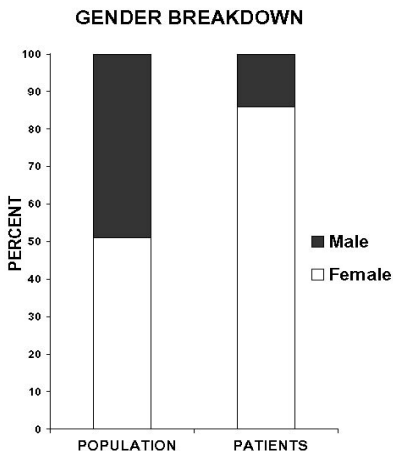
a) Age



Comment:

It is clear that there is a bias in the use of radionics towards the middle to upper age range as against bias towards the middle to lower age range in the UK population. Approximately two thirds of patients were over 50 while only one third of the population was over 50. This time-picture shows a most unusual lack of patients in the 0 - 9 years band.

b) Gender



Comment:

The census shows a 51%/49% female/male population, while the patient graph shows a corresponding 86%/14% breakdown - a significant bias towards the use of radionics by the female population.

Note: The Age and Gender pictures show only insignificant differences when compared to those of the 1996 survey.

2. Patients' main complaint(s) at first request for treatment (patient description)

Patients could quote more than one.

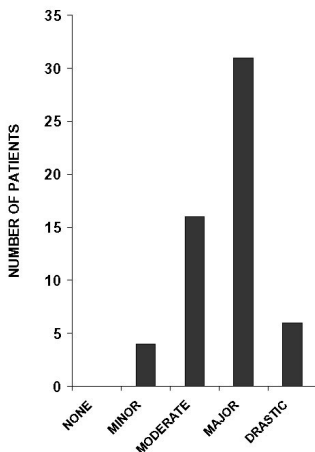
Frequency	Complaints
9	Lower back pain
6	Back/ neck pain, Chronic fatigue
4	Stress, Eczema, Post-surgery
3	Depression, Asthma, Migraine/headache, Menstrual
2	Insomnia, Accident shock, Thrush, IBS, Miscarriage, Poor circulation, High blood pressure, Chronic catarrh, Candida, Panic attacks, Cystitis, Sinusitis
1	Stomach ulcer, Constipation, Arthritis, Nausea, Jetlag, Overactive Thyroid, Food allergy, Tooth abscess, Hay fever, Bad breath, Psychic interference, Drug side effects, Stroke, Colitis, Fever

Comment:

The list shows that radionics is seen by patients as having the potential to help in a wide range of problems both chronic and acute.

It is interesting that 'pain', which is the subject of much current research, should feature so strongly as it hardly figured in the 1996 survey when the most frequently reported complaint was low energy.

3. Effect of Complaints on Well-being

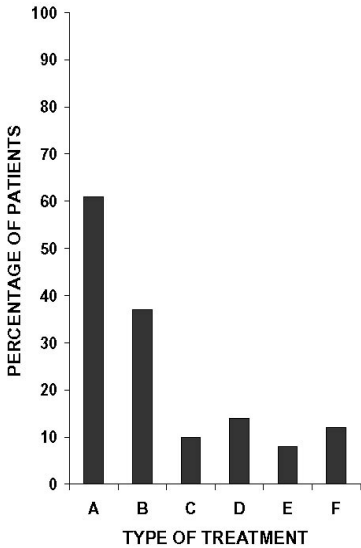


A 5 point scale was used to allow a reasonable spread against which to refer the question. The interpretation of drastic, major etc. was that of the patient.

Comment:

A significant majority of patients (65%) reported a major/drastric negative effect on their wellbeing. The corresponding figure in 1996 was 58%.

4. Pre-radionic treatment

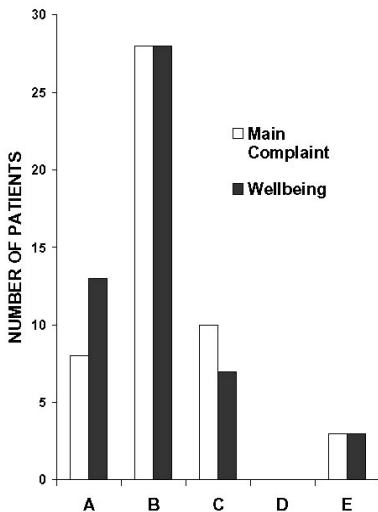


- A Doctor
- B Outpatient (Hospital)
- C Inpatient (Hospital)
- D Surgery
- E Other Conventional
- F Other Complementary

Comment:

A clear indication is given that nearly all of the patients (90%) had used one or more forms of conventional medicine prior to seeking radionic treatment. The corresponding figure in 1996 was 78%.

5. Effects of the radionic treatment



- A Cure/Back to Normal
- B Major
- C Moderate
- D Minor
- E No Change

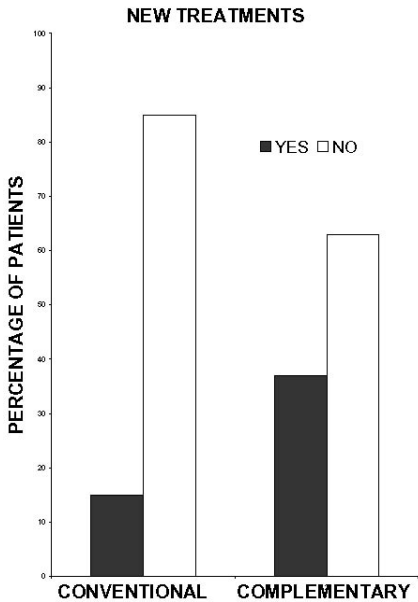
Comment:

A significant majority of patients reported a major or total improvement in the complaint itself (66%) and in its effect on their wellbeing (61%). The corresponding percentages in 1996 were 54% and 58%.

Further observations made by patients:

- Energy levels much improved, sleeping regularly (Insomnia)
- Osteopath says I've had 80% recovery so far (back/neck)
- Hospital surprised at rate of recovery (Stroke)
- Condition not curable but helps with mobility and discomfort (Worn Vertebrae)
- Back to normal weight (Colitis)
- Not cured but better sleep pattern (IBS)
- Radionic treatment of tremendous value
- Feeling much better in myself (Back Pain);
- Fever attacks now about two a year rather than monthly (Undulant Fever).

6. Subsequent to starting radionic treatment



Comment:

A significant majority of those replying felt that they needed no further conventional (85%) or complementary (62%) treatment in relation to the reported main complaints. In 1996 the corresponding percentages were 84% and 64%.

7. Other possible influences on improvement in health.

13 patients answered YES to this question and quoted:

- Nature taking its course (2)
- Osteopathy (2)
- Acupuncture (2)
- Nutrition (2)

Homeopathy
Meditation
Dental treatment
Operation
Lots of sleep.

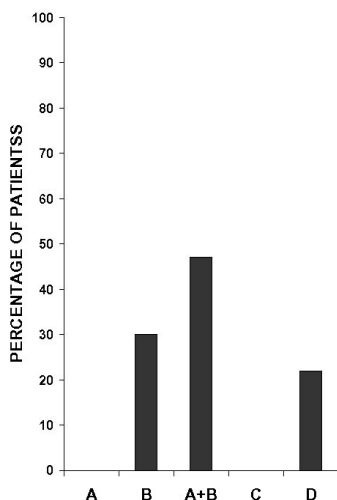
8. Reduced conventional medication

19 replies received to this question with 7 indicating YES:

Steroid eye drops
HRT gradually phased out
Steroid creams
Steroid inhaler use
Thyroxine
Painkillers (2)
Sleeping tablets
Antibiotics

Note: All patients are advised not to reduce any prescribed medication without the agreement of their medical practitioner.

9. Preferred future treatment



- A Conventional
- B Radionic
- C Other Complementary
- D Other

Comment:

All patients replied to this question and included radionics as a future treatment for their health problems - 31% on its own, 47% in conjunction with conventional medicine and 22% in conjunction with combinations of conventional and various complementary treatments.

In 1996 the corresponding percentages were 37%, 34% and 24%.

10. Is radionic treatment still on-going?

73% of patients were still on treatment after 6 months - 'looking for further improvement' or 'different symptoms'. The rest were off treatment by mutual agreement, having reached a satisfactory level of improvement.

11. Comparison of effects of conventional medicine (ConM) and radionics.

Only 21 patients answered this question clearly.

Difficult to determine (6)

Physiotherapy and radionics worked together

They complement

Radionics has given me a full and active life without pain despite ConM suggesting that I would perpetually have back pain and walk with sticks

ConM couldn't have cured me except through drugs (2)

Radionics gave quicker and better results without drugs (5)

ConM didn't help my symptoms but radionics did (3)

Radionics gave an overall feeling of well-being without medication.

12. Other changes noted by patients

36 replied, 8 of whom said there were none of significance.

Steadier emotional and mental state – less tendency to depression (2)

General feeling of health and wellbeing improved (3)

I've benefited at every level

Peace of mind

Back to my old self – outgoing and happy

Happier with more positive attitude (4)

Can work at computer without eyestrain

Greater awareness of my spiritual nature (3)

Feel much better – well every day

More positive and fitter

On a good holistic path

More relaxed attitude to life

Inner calmness (2)

Improved stamina and sleep

Not so bad tempered

Generally stronger

MS deterioration halted – not in wheelchair as expected

Deeper understanding of body, mind and spirit and how stress affects my wellbeing

Cope better with stress.

13. Satisfaction with practitioner care.

All 59 patients responded to this question. 58 used the highest rating quoted (Good). Previous survey had 'excellent' but this was omitted this time to

allow the patients to 'think' if they wished to be more positive than was listed - only 5 patients did. On reflection the question should have included an 'Excellent' rating as the Patient Observations would indicate that the perception of the care merited it.

Patient Observations:

Very sympathetic person

Confidence giving

Helped me greatly - plus my 3 children and 20 other family members and friends

Excellent support (2)

Very practical

Brilliant

Very responsive

Caring and consoling

Good is not a high enough rating (5)

100% satisfaction with care received

Couldn't have got the inner strength I needed in any other way

Marvellous

Very helpful and caring (3)

Understanding and thoughtful

Superb

Reassuring and pleasant

Exceptionally helpful and dedicated.

14. Further observations by patients

Huge improvement when radionics used for eczema for children (2)

General health improved considerably after side effects of drug cure for brucellosis

I have used radionics with great success for humans and animals

I consider myself most fortunate to have received radionic treatment

Extraordinary skills of my practitioner in numerous occurrences

I value the help of my practitioner above all other help

Radionic practitioners do a very good job - much needed in this stressful and drug-cultured world

Great believer in radionics but some things don't seem to respond

Many people are helped by radionics

Interesting experience - will certainly use it again. During and after surgery had a feeling of being held safe

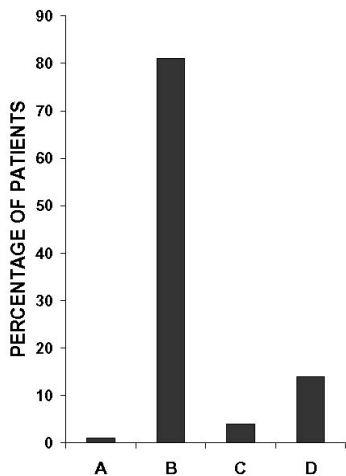
Radiation ill effects removed

Important system of medicine - non-invasive hence of great value

I find I am less and less attracted to conventional medicine which seems to be drug-based

Very impressed by results (2)
 Radionics has been so beneficial to me
 Hope and comfort offered were a lifeline at a time of great depression
 Made a considerable difference to our family (2)
 Had an immediate effect
 I rely on it completely as a therapy - am kept in good trim
 My general wellbeing is excellent
 Easy and convenient to use as no visit to practitioner is necessary
 Didn't help with skin infection but did with eczema
 I have been with my practitioner for 17 years and have not had to visit a
 doctor for many years - complete trust in radionics
 Marvellous in conjunction with osteopathy for my neck.

15. First contact with radionics



- A GP/Nurse
- B Relative/Friend
- C Media
- D Other

Comment:

81% made contact through relatives and friends who had experienced radionic treatment and 13% through talks etc. In 1996 the corresponding figures were 92% and 8%. Conventional medicine practitioners and media personnel still seem to contribute little to introducing radionics to their clients.

Conclusion

The 'Summary of Findings' gives a very positive picture of radionics as a healing modality, from both health improvement and patient care perspectives, but without the expected development of public awareness one would expect as a result.

A shortened version of this report was presented at the 'Working with Nature' Radionic Conference in February 2003.

Finally - thanks to the patients and their practitioners who helped to make the survey possible.