

My Understanding of Radionics - Radionics and Energy

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This article continues the tradition of publishing membership essays by our graduates. Meilya lives in Marseilles, France with her husband, Fabrice, and both qualified last year. The article is based on her membership essay.

Arise O child and bathe your earthly senses in yonder fountain of eternal light.

Goethe, 'Faust'

A useful definition of radionics is: 'Radionics is the science which has grown up around the ability of a human being with the help of some simple instruments to detect and modulate the fundamental energy patterns of which it is postulated all forms of organic and inorganic matter are a physical manifestation.' In this definition two words seem important to me, energy and matter. I am going to try and relate them to my understanding of radionics.

Our universe: energy and matter

There are different levels of manifestation of Life which are matter, mind and energy interpenetrating and interacting with each other. Health is one of the qualities of life and to define it I have first to define life. In the dictionary I read, 'Life is an energy which animates inert matter'. This energy can be called vital energy; Hahnemann called it 'Dynamis', others called it 'Ethereic fluid', 'Vital Principle'. But what is energy?

Vital energy is a force which animates inert matter and of course under the effect of this force, matter loses its inertia and moves. To move means to change place. It implies a movement which takes the subject from a starting point to another place. Therefore this implies the fundamental notion of space. But this movement cannot be an instant one. We admit there is a departure time and an arrival time. Here is another notion, time. To move means to change place in space and time. Therefore, this is what we can observe everyday, inert matter animated by some vital energy spreads in space and grows and ages in time. So I understand that life energy is a force which moves matter in space and time.

But what is matter? Nowadays we know that a molecule is composed of atoms. But what is an atom? We know it is composed of a central nucleus and some peripheral electrons but both the nature of the nucleus and the electrons remains a mystery. Since Max Planck and the emergence of quantum physics we do know that the ultimate components of matter appear, in the light of several different theories, less and less material. Thanks to the scientists we know now that matter itself is also energy. Therefore, if life energy is an energy that animates matter and if matter itself is energy, life energy is an energy system animating another energy system in space and time. If a system can move another system it is only logical to think that the force of the first one is necessarily stronger. It is therefore superior and commands from it so to speak. We can observe and measure the space and time in which energy moves matter. This is the close field in which science endeavours to explain the universe. Whenever philosophical reflection or mathematical reasoning try to escape out of the frame they are systematically brought back to this puzzling and essential bipolarity - space and time. Quantum physics also discovered that energy itself is nothing but another aspect (appearance) of time to travel in space. This sort of equation can be verified mathematically. Therefore, the definition of energy logically becomes: *'life energy is a higher energy system moving within visible space and measurable time, a lower energy system: the space-time continuum'*. The next question to be asked is: but what is the nature of this higher system which is so powerful that it commands the space-time continuum, that it commands two noble and very high concepts? There I am sure of nothing, I only meet more uncertainty since one of the systems opens up on the infinite and the other one on eternity. What can be any higher than these? I do know that no one has the power to limit space or to stop time.

I therefore reach a sort of obviousness: this force commanding the space-time continuum must be related to the infinite and to eternity. It can therefore only be another space-time continuum. The quantum calculations fit in with the concept of energy without taking any notice of a level of inferiority or superiority. Therefore, the initial definition of energy becomes: *'Vital energy is a higher space-time continuum which moves a lower space-time continuum.'* The nature of the two being strictly identical, the only possible difference could be a difference in quality. Both belong to the same family but one masters the other. But where does this extra power or force come from? Here I have to try and imagine different possibilities :

1. The extra force could come from a fifth dimension not yet proven.
2. The higher space-time continuum has a special quality but it has to share it with the lower space-time continuum which will use it in a lower mode. This quality is therefore necessarily variable. What is the possible variability

of a four dimension continuum?

The first three, the three dimensions of space seem to be identical in both systems for how could the infinite of the higher system be 'more infinite' than the infinite of the lower one? Therefore, the variable quality can only affect the fourth dimension, time. We can have the confirmation of this through our intuition for we all have verified the different qualities and values of time, according to the emotional shade of the moment e.g. when we colour a moment of expectation with joy or boredom. There really seem to be several different speeds. In time, we have all experienced this at our little level. Therefore, I think that the speed of time in the higher continuum is higher than the speed of time in the lower system. I know that Nikola Tesla showed that space is not as empty as that proposed by Einstein's constant in his famous equation. That is to say the speed of light in the vacuum was not as constant either. Our thought travels faster than photons. This is how I understand that the time of the higher continuum enforces its law to the time of photons. Not only is it faster but instant also, it is the time of thought, it is the new paradigm the scientists are facing now. It is possible to foresee this new scheme of thought in our right brain; its message is urgent and simple.

I have the intuition that this space-time concept exists only through the awareness I have of its existence just as we can say that time only exists for the man who measures it and space for the man who travels it.

But this awareness of the space-time concept is not a privilege of man. Long before any form of life appeared space and time could only be conceived within the consciousness of the first constitutive elements of matter. In Einstein's famous equation $E = mc^2$, the space-time is defined in relation to the photons. Quantum physics asserts that the electrons are capable of action, reflection, knowledge and... Love. Here physics becomes metaphysics and the access to knowledge is only made possible through that huge leap in concepts. As André Malraux put it 'the XXI century will be a spiritual one or will not be at all'. Thus introducing consciousness within some scientific equations, science becomes one with the Tao as explained by Fritjof Capra.

But what happened to the vital energy I started from in this new paradigm? It is space-time, superior to matter thanks to the extreme speed of its time, faster than light. And if we believe there is consciousness within matter, its own consciousness is certainly of a higher quality since it represents exactly the awareness of matter itself.

So 'who' are you vital energy? The answer was suggested to me by a koan of the zen tradition: '*You are but the infinite space, contained within some subjective point by the instantaneity of time lived in by the subject's consciousness*'. This point therefore is you, us, him, all of us. But it is also the animal our brother,

the plant our sister, or even the rock or the electron.

Radionics has also been defined as '*a method of healing at a distance using an instrument or some other means and the extra perception faculty*'. To connect an action in one place and the result of this action somewhere else a link is needed. This link is a field which is a pattern of energy potential. Therefore the fields are energy fields related to non-living matter and to living organisms as well e.g. the magnetic field, the electromagnetic field, they are all associated with waves or radiations possessing different characteristics. Their common denominator is that they all vibrate in a medium called Ether. Ether is to be found everywhere in space, therefore all matter has its etheric counterpart. When it gets in contact with cosmic energy it resonates with it and transmits it to the densest structures. All living organisms have an energy field or field of Life (*L Field*) and therefore all human beings are related to all other beings in the Cosmos. Within the energy field some forces operate everywhere on either an object or on another force because there is a resonance between them. It is just as a huge network of energy fields in which some physical and some subtle forces are interplaying causing a sort of chain effect at different levels of density and subtlety. Minerals, plants, animals, and humans are living in both subtle and physical fields.

A very specific field is the thought field (*T Field*) which is a non-physical field and yet is attached to matter e.g. human memory which is composed of stored thoughts. Within the thought field is the Organising Field (*O Field*) or thought plan capable of creating and maintaining both normal structure and function of both objects and living organisms.

Energy is expressed on seven levels of density and all that exists is created on the same pattern or septenate.

The subtle anatomy of man

The concept of man according to the ancient wisdom considers there are six different levels of energy expression in man plus the centre or origin. The energy proceeds from the source and its subtlest form or divine Spirit progressively condensing into denser forms to finally reach the physical level or dense material world. The highest aspect in man is the Spirit, it is the subtlest aspect too. It expresses itself through the Soul which progresses through the experiences of the personality and the body as well. This conscious experience of the personality is achieved through the lower planes or lower self respectively composed of the Mental body, the Astral and the Etheric bodies. The dense vehicle of these three subtle bodies is the physical body. The Etheric body is composed of the warmth, the light, the chemical and Life ethers whereas the physical body is composed of denser components which are liquids, solids and gases.

The Soul uses the Mental body to influence the Astral or emotional body which in turn affects the Etheric and finally the physical body. I would like to illustrate this description with some photographs. In May 2001 we happened to read an article about a sensitive camera which could take some photographs of the subtle energies around the physical body. We contacted the people to learn and understand more about it all. What was interesting we found was that it was different from the Kirlian's camera and its so-called effect since, 1 - it could take colour photographs, and, 2 - The camera itself did not modify the person's or patient's own electromagnetic field during the process itself. Therefore, we had a few photos taken during a first session, at the same place, which was our home, and in the same conditions. Thus we

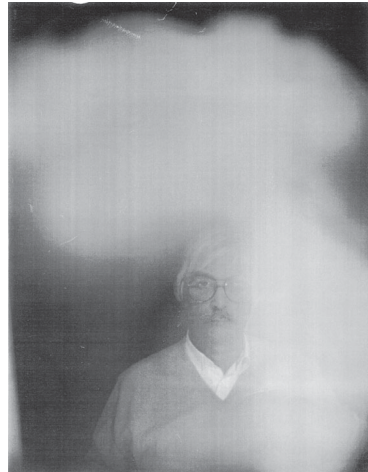


Fig. 1-3 Photographs of the subtle energies around the physical body (originals in colour)

could see the auras just as clairvoyants have described them (Fig. 1-3). At last we can have with these photos a 'solid' visual notion of a tiny part of our subtle anatomy. We found this so beautiful and amazing that it gave birth to more questions and to more ideas as well. So we decided to have a second session carried out later. But this time we decided we would orientate it towards radionics and radionic work.

The energy received from the Higher Self is dispatched to the Etheric body through some subtle energy centres called chakras. There are seven main ones and hundreds of minor ones. The most important ones for radionic analysis are starting from the top of the head: Crown, Ajna, Throat, Heart, Solar Plexus, Sacral and Base. But the Alta Major and Spleen chakras are also very significant ones as far as Radionics is concerned.

So the Etheric body is composed of seven planes; it is a subtle network of fine energy channels of different sizes called nadis. These nadis provide the energy to both the subtle and the dense bodies. In a major energy centre or chakra 21 nadis merge. A minor chakra is the result of 14 energy channels. The Pranic energy cannot be separated from the nadis, therefore the nadis are flows of Prana entering the Etheric. According to some Tantric writings there are 72,000 nadis although some other sources do not agree on this number. Three nadis are very important: Ida, Pingala and Sushumna nadis. The energy distributed by the nadis is called Prana; it is considered as the limit between matter and the highest spiritual planes. The particles of Prana vitalise the air we breathe and when they penetrate into the chakras we become stronger and more lively too. In the Eastern traditions each chakra or energy centre reflects one of the five cosmic elements.e.g. Throat chakra represents Ether, the Heart relates to the air, the Solar Plexus is the element fire, the Sacral is water and finally the Base is connected to the earth. Therefore, when Prana enters one of the energy centres, it is going to be transformed so as to vitalise the organs or tissues of the physical body which are regulated by this particular centre. Thus Prana takes the quality of one of the five elements of the Creation relating to a specific chakra, the chakra both receiving and transmitting energy at the same time. The nadis represent the subtle form of the nervous systems, e.g. the Crown and Ajna chakras relate to the brain and sense organs. They also govern the will, the abstract and intuitive minds and the personality. The five other major chakras relate to the different sets of vertebrae and to their emergent nerves. They also govern most of the vital systems of the physical body. This is one way of control over the physical by the Etheric body. The second one is allowed by the fact that each chakra also relates to and governs an endocrine gland roughly located at the same level as the chakra in the physical body e.g. Crown chakra governs the Pineal, Ajna chakra relates to the Pituitary, the Throat energy centre to the Thyroid

and the Parathyroids etc. The subtle energy received through the endocrines affects the release of specific hormones into the organs related to each particular gland either in the bloodstream or through the sympathetic or parasympathetic nervous systems. Therefore, the Etheric body appears as a complex pattern of energies playing a vital part in the subtle anatomy. It receives, assimilates and transmits energies. It acts as a mirror for the physical body to which it is closely related. When the energies it is processing are disturbed then some disharmonies appear in the physical.

Causes of disruption in the Etheric

The causes of disharmonies or diseases can come from the subtle bodies, either the Mental, Emotional and Etheric bodies. When the Etheric receives the energy from the higher planes it organizes the energy supply of the physical and controls it. Sometimes the energy flow is disrupted in the Etheric body by an entry or an exit blockage resulting either in a congestion or in an overstimulation. It can also be an aberration. The possible causes of disharmonies leading to pathologies are numerous but among the most frequent we can find are shocks (nervous, emotional, physical etc.), emotions or stresses, miasms which are the predispositions to particular conditions collected from the Etheric field of the Earth, toxins due to viruses or bacteria, poisons which can be from chemical, metallic, vegetal, animal or mental origin. The blockages within the Etheric may have a spiritual origin or cause, an overstimulation or a congestion may come from an overactive mind. Both may be found in the other bodies as well. The flow of energy can also be disrupted by a lack of co-ordination between the bodies and lead to more disharmonies. So we see that the highest energy from the Spirit comes through the Soul first and then through the Mental and Astral bodies before it reaches the etheric energy centres, the condition being a correct functioning of each one of the bodies and their correct co-ordination with each other. The energy centres too have to be clear of any blockage, they must not be either over or underactive to process the energy and transmit it to the appropriate endocrine glands. If all the parts of the subtle anatomy of man function correctly, then man's health is at an optimum level of functional perfection and, therefore, if any imbalances or disharmonies appear due to either internal or external factors they can be corrected by the patient himself. But if these conditions are not present the system cannot heal itself and disease appears. Radionics aims at correcting the deviations from normal and therefore at bringing back a state of harmony and well-being by triggering the self healing capacity of a human being, an animal or a plant.

The patient has to be informed of the concept of radionics and has to ask for radionic treatment. He will have to send a hair sample and complete a case history. The patient does not have to believe in radionics but keeping an open

mind or just thinking that radionics is going to do something for him is helpful. The hair sample enables a stronger link between patient and practitioner who uses the radiesthetic faculty to obtain the answers to the questions he poses. They have to be accurate and clear for thought creates energy and it must be properly directed. To achieve clarity of thought and efficiency the practitioner has to relax, to forget about the present and meditate beforehand. He has to see the patient from a different point of view which is that he himself is a spiritual being willing to help another spiritual being suffering from a particular condition in his physical body. Compassion and will to help radionically are necessary conditions but emotional involvement has to be avoided as it could block the healing process by influencing the practitioner. The pendulum is used to pose series of questions to seek the causes of the disharmonies in the subtle anatomy of man. The pendulum acts as a transducer of the electric signal received at the etheric level and transmitted along the nadis into a neuromuscular one through the nervous system. The pendulum allows the answers to be found to questions that can only be answered by yes or no, or treatments from some lists of treatments, or measures on a scale. The instruments have no specific function by themselves, they have been designed to help the practitioners both during analysis and treatment 'as efficiently, effectively, and effortlessly' as possible to quote Malcolm Rae. Some rates can be set on dials and some magneto-geometric cards may be used too. Nowadays we are using digital instruments. Some radionic two and three dimensional patterns are used and are considered as instruments as well. The witness or hair sample is to be located on the instrument at the appropriate place. It is the link which will allow the practitioner to keep focused. If the patient's system had been functioning properly it would have provided some correction pattern for itself. But when this is not possible radionic treatments act as control signals which aim at starting the healing process. It may also be indicated to advise the patient that there are some detrimental aspects in his lifestyle or that he should go and see his G.P or a practitioner in complementary medicine, in short a therapist best able to help the patient get rid of his disharmonies.

Here is another example of the reality of the subtle anatomy and of the manifestation of the subtle bodies. After our first session we decided to make an experiment involving our radionic work. Therefore, we had a photo taken of a person present that day out of interest in their aura, but who had never had a radionic treatment before. She was complaining about feeling tired, slightly depressed, absent-minded and confused. We suggested that radionics could help her. She gave us permission. We asked for the indicated treatment and broadcast it. Then we had the second photograph taken and we could see a complete change (Fig. 4,5). When we treat radionically we change the energy patterns. (The photos were taken in identical conditions, and the length

of time between the moment they were taken was the time required to determine and give a radionic treatment in normal conditions).

Energy transmission

Any transmission of energy works in the same way: a propulsive wave - a vibrating medium - a secondary wave. The medium can be either an electrical, magnetic, or quantum field. In a field the energy does not just go in one direction. It scatters in all the directions of space and in the two directions of time too. I can imagine this four dimension vibrating medium or field as a

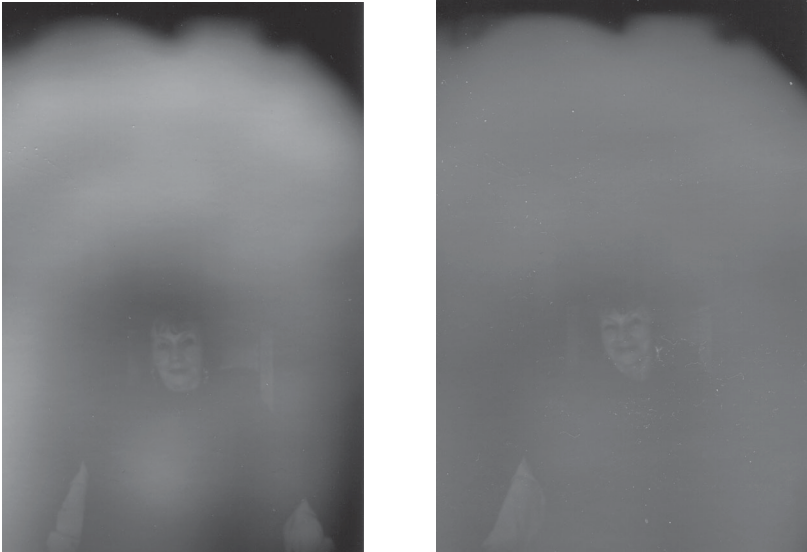


Fig. 4,5 Photographs of the subtle energies around the body before (left) and after (right) radionic treatment

jelly pudding or as an air cushion. When energy is applied or directed towards one of the sides of this mass, it is then transmitted to all the other sides. But this transmission can follow many different ways or force lines more or less short or direct, according to the resistance met on their way within the field itself. I can very well imagine all these different ways as so many threads woven into a sort of elastic web, thus providing support for the most beautiful material, Life itself.

Life is the space-time transmission of the highest form of energy, non-material and divine towards the very material energy of the lower space-time continuum. It is absolute Love. So, to me an optimum state of health is the blissful harmony of this transmission. When some disorders take the place of

this harmony then there can be no joy of living and diseases appear providing more experiences to understand our true nature and origin.

If we look at the ancient astrological symbol of Aquarius we see two parallel waves. Any form of energy is always described as a wave. If we drop a pebble in water or if we observe through very sophisticated instruments the trajectory of some particles the displacement of energy always takes the form of a wave motion. It is only logical since, as I admitted earlier, energy is space and time in essence.

But our Life energy does not belong to the lower material space-time continuum, it dominates it. It is in fact a higher space-time continuum lifted even higher by its own level of consciousness. I can represent the lower materiality by a sinusoid and do the same for the higher plane. This sinusoid will be superimposed on the lower one and not contiguous. Did the ancient Sumerians know that after our dark and troubled times, on the threshold of the Age of Aquarius, we would at last rediscover a state of harmony and altruism. To me no symbol can represent more vividly the central enigma of Life. At first sight I can see what the words 'transmission of energy' or 'transfer of information' mean.

Radionics

When I act as a radionic practitioner I work in between the two waves I mentioned before, just as a musician playing the viol d'amore, an instrument with two sets of strings. The lower one attunes with the higher one when the bow lightly runs over it.

Last winter I met a new patient, an old lady aged 86, who is a very open and bright person. She has had two 'by-passes' and is having a heavy medical treatment for hypertension. Since 1996 when she was last operated on, she has had several heart attacks. Last year she decided she would not call the doctor or the ambulance in emergency to end up in hospital. She intends to die at home in her own bed. That is why with the innocence of a child she turned to radionics for help. Ever since we have treated her she has had several strokes, most of the time in the evening or even at night. Her daughter who is a nurse and midwife lives with her and calls us when it is necessary. Our experience is that every time we sat down to work in an emergency after a while a very light and refreshing feeling of peace and harmony came down on us, and each time we knew our patient was feeling better and recovering once again. At that moment the phone would ring and her daughter would confirm it.

I understand that we are nothing but the bow, but at the same time we are part of the audience and, when we become aware of it, this gives a wonderful and unforgettable feeling of Oneness.

I once asked our friend Jigme Namgyal Rimpoche of the Nyingmapa (meaning ancient) School of philosophical and religious studies in Tibetan Tantric buddhism, who is a healer, what I could do to progress better, to be able to understand more quickly what was wrong with a patient and to heal efficiently when I was asked to give some radionic treatment? He looked at me for a while and gave me two keys. One of them, he said, is *compassion* for there is an interaction between Spirit and matter. The other one is *vacuity*, for the faculty of realizing equanimity enables one to perceive that all the objects of the manifestation are totally interrelated and therefore allows one to relate to all sentient beings. He said this was the heart of Tantra. Then I asked him why he was giving me such a treasure and the answer came straight into my heart once again, very simply: 'because you asked me '.

And everything is there indeed. Here is radionics, the ancient, eternal Art of healing. It belongs to no one. It was given to mankind. We are to receive this gift of perfect Love with humility and have to ask permission to practise this Art. If our heart is pure and innocent, if we try and have as righteous a life as possible, then the gates open and through us what looks like miracles can occur. But nothing is ever gained forever and phenomena are impermanent. This is another law we have to obey.

When I look back and see all the presents I have received, the 'failures' which made us question and go forward, the 'successes' which filled us with joy and energy to carry on, I feel a flow of gratitude in my heart. I am aware of the possible 'traps' on the path at this point where the personality begins to recognize the existence of the Soul.

I could for example experience in the future a feeling of power leading straight to egotism and arrogance. I think I would fight this by meditating or reflecting on the macrocosm and on the microcosm, on man belonging completely to a huge whole. I could also experience a sense of exaggeration leading to fanaticism and to some psychological disorders; the remedy I would apply, I think, would be to recognize clearly these tendencies due to ignorance. Here is a quotation from A. Besant in *The Path of Discipleship*: *'By a thought a man can kill; by a thought a man can heal a disease; by a thought a man can influence a crowd; by a thought a man can create a visible illusion which shall deceive other men and lead them astray... It is necessary before these so-called powers come within his reach, that he should learn to control his thoughts, that he should learn to check all that is evil in them'.*

Finally I think another negative consequence of a wrong practice of radionics could be to become intellectually materialistic, to become proud to have discarded all forms of emotional reactions or sensitivity.

All these possible reactions are I believe some movements of integration

belonging to the field of consciousness. This is why, if radionics allows us to tap into some higher levels of energy, to help heal and relieve down here, it is also and, above all, a wonderful tool of evolution for the radionic practitioner.

If we admit that through the process of evolution and through all the information we process ourselves as a medium working in the field of radionics every day, we transform ourselves, then why not think that in the same way as information resonates from one atom to the other, from one cell to the other, we human beings resonate too in this particular field of radionics, therefore creating possibly a nucleus of universal brotherhood?

Regard each step that you mount as an imperfection to be left behind.

Quotation from : *'The sayings of the Ancient One'* P.G. Bowen

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