

Radionic case history re Kathy

In October, 2011 Kathy presented with lower back pain, low vitality and cystitis. All tests had come back negative. Over 30 years ago she had suffered terribly with cystitis and all medical tests and interventions had been unable to clear the condition. Her Radionic practitioner, Dr. Aubrey Westlake had effectively 'sorted' this issue out in 2 days! He was a wonderful man who used the Dr. Bach flower essences and the Dr. Schussler's tissue salts in his clinical practice. He has written many articles and books, but for anyone interested in knowing more I would recommend 'The pattern of Health – A search for a Greater Understanding of the Life Force in Health and Disease. The third edition includes a new final chapter entitled 'The Missing Dimension' which introduces a causal factor into illness and provides an essential and complementary aspect to orthodox medical practice.

Radionics is a wonderful distant holistic and integrated therapy, which like the Dr. Bach and Dr. Schussler's tissue salts, work to stimulate the body's natural self-healing powers.

One of the key beliefs upon which Radionics is founded is that every individual has a unique energy pattern, as unique to them as their finger print. Over time these patterns can be distorted and thrown into disharmony by psychological states, viruses, bacterial influences and injuries etc. The aim of the Radionic Practitioner is to identify and evaluate the original causal patterns of the patients presenting symptoms and then treat accordingly. The organs, dis-eased states and remedies have their own particular frequency or vibration and are expressed in numerical values, which are known as 'rates'. A trained and competent practitioner can discover factors contributing to disharmony with in any living system, be it human, animal, plant or soil. By opening and clearing the channels for their life-force to flow freely, their vitality and wellbeing on all levels is increased. Dr. Tony Scofield, the ex-chairman of the Radionic Association has written many articles on these subjects and also has very interesting articles in the Radionic Journal that he edits. I'm aware that these are all rather large subjects, so if anyone is interested in understanding more about rates, radionics etc., there are many books available from the Secretary at the Radionic Association office. One I would recommend is "Horizons in Radionics – energy medicine for the 21st century", again edited by Tony Scofield MSc, PhD. – A symposium volume to celebrate the Diamond Jubilee of the Radionic Association.

There were a few underlying causes contributing to Kathy's distressing discomfort. The first 'pattern' / priority was to set up some treatment rates for an acute infection which had possibly presented about 4 months previously. Kathy confirmed that she had had a sore throat and fever and stiffness in head and back. This pattern showed up in thoracic vertebra no. 10 and 11. Both have a link through the nervous system to the kidneys and urethras. This may have been further compromised by emotional and physical conditions having a further negative affect on the muscles and nerve supply to the kidneys and urethras. Kathy had been under a lot of stress at the time. Although I may use medical terms in my terminology, you must remember that I am referring, interpreting and treating the 'subtle patterns'. Inflammation and an element deficiency of silicon were also indicated.

I found it interesting that the most suitable remedies to support Kathy were colour treatments using the Radionic Copen Coloronic instrument, and like her previous Radionic Practitioner, Dr. Aubrey Westlake, tissue salts and flower remedies. It was indicated that she take the tissue salt silicon orally. Not only does this toughen up the connective tissue and the bones, the latter through stimulating the calcium metabolism. It fortifies the immune reactions in the blood and body fluids and encourages the activity of the lymph nodes, the spleen and the lungs. It also has an anti-inflammatory effect. At a psychological

level it will promote a feeling of inner well-being that makes you less affected by external difficulties. Helps with over sensitivity, exhaustion and gives one inner security, stability and determination. Tissue salts – also called cell salts or biochemic salts – are a group of 12 minerals, found naturally in rocks, soil and food grown in organically mineral-rich soils, that should be present in the bodies, in a perfect balance as a prerequisite for perfect health and well-being. The theory of Dr. Schussler's biochemic method is based on the physiological fact that both the structure and vitality of the organs of the body, are dependent upon certain necessary quantities and proper apportionment of its organic constituents. These remain after combustion of the tissues and form the ashes! The inorganic constituents are the material basis of the organs and tissues of the body. The principal inorganic materials of nerve-cells are magnesia phos, kali phos. Natrum and ferrum. Muscle-cells contain the same, with the addition of kali-mur. Connective tissue cells have for their specific substance Silica. These were the main tissue salts used in treatment.

A product that I have found helpful over the years is citricidel – this is grapefruit seed extract and can be purchased from any health store in drops or tablets. It is nature's own natural antibiotic against bacteria, viruses and fungal infection. It also alkalizes the environment of the body. It was suggested to Kathy that she take 4 drops in a glass of water over a period of 5 months and talking of water, dehydration had come up as a contributing factor and this was discussed. A good probiotic was also recommended.

Kathy really responds well to the Dr. Bach flower remedies sent Radionically and when taken orally. They are a simple and natural method of healing or establishing harmony and equilibrium through the personality using the the essences of wild flowers. They are simple, safe and inexpensive and readily available. It was Dr. Edward Bach's intention that any person could bring about self-healing by means of these flower essences. The most important application of the remedies is their use as a preventative measure, encouraging people to become attuned to their own mental and spiritual condition or well-being and to apply the remedy to any discord that exists at causal levels of being. Edward Bach was a scientist, bacteriologist and physician who made his discoveries in the 1930s. They were not prescribed for physical complaints, but were used according to the patient's state of mind. The theory was based upon the understanding that an inharmonious state of mind accompanies all disease and a negative mental condition may in fact be the primary cause of sickness. Left untreated the mental state will continue to hinder recovery....they treat the patient, not the disease.

Bach remedies that came up for Kathy were olive – completely exhausted with extreme physical and mental fatigue

Impatiens – inner tension due to nervous frustration because things don't move fast enough

Crab apple - recognises unresolved issues and is able to transform them. Also great for clearing toxins.

Another remedy that comes up a lot for Kathy is zinc.

Over the last couple of years, Kathy has had treatments on and off for pudendal nerve pain and a painful foot after a skiing trip. The remedies that seem to support her the best are Radionic treatments using colour, tissue salts and flower remedies.