

Esoteric Healing

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One morning during meditation I asked the question “What is Esoteric Healing?” In response, the astrological symbol of the ancient Greek Goddess Pallas Athene appeared. This Goddess has been a teacher to me for a number of years so I was ready to take on board what she had to say. Her response was symbolic but very powerful. I

was shown the word ‘blood’ – that was it!

I decided to allow her answer to work itself through me for the rest of the morning and as I pondered I became aware of the importance placed on ‘blood’ in esoteric healing and teaching. Blood and the bloodstream ‘are the carriers of the life principle and of the combined energies and force of the etheric vehicle, the nervous and endocrine systems’. I decided that I did not necessarily have the definitive answer, but I had a starting point.

Esoteric healing teaches that there are different types of healing, and healers. It was, therefore, not out of the realms of possibility to have an ancient Greek Goddess most noted for her role as Warrior Queen and Goddess of Wisdom, Health and Healing come to my aid with this ‘esoteric’ question. Also, she was on the right track—in the 1940s and probably as late as the early 1970s before the AIDS epidemic, blood samples were being used as witnesses in radionic analysis! Was she telling me that radionic healing is a form of esoteric healing? Further investigation revealed that as goddess of health and healing, ‘Pallas Athene taught a variety of medical practices including the secret of regeneration through the Medusa’s blood’. (*For further information please see attached Appendix A with a brief description of Pallas Athene’s symbols and associations*).

It is not easy to define esoteric healing but the grande dame of the esoteric sciences, Alice Bailey, states “esoteric healing is a science based on a number of requirements....to include the knowledge of man and the nature of the various bodies, both dense and subtle”. She also includes in this definition the need for esoteric healers to have a working knowledge of the influences the rays, astrology and psychology have on the individual, not forgetting

karma or cause and effect.

Esoteric healing has been with us from the dawn of time, and in truth what we are doing in the 21st century as esoteric healers is reconnecting with the true meaning of this science. Simply stated, I would say esoteric healing is 'healing from within', and that this healing starts with the individual 'knowing his or herself'. As best as I understand, true healing can only come from within, and with the full support of the soul and/or higher self of the individual.

In ancient times individuals with a healing vocation were trained in the Temples and Mystery Schools. Their sole purpose was personal and spiritual development in order to serve. We now live in different times, and have evolved into something other than we were in ancient times. It would seem therefore that we are 'remembering' in the first instance, and being retrained to activate these innate talents, develop personally and spiritually, and apply them to the times in which we now live so that we can best serve.

Esoteric Healing involves the subtle anatomy of man, which includes the subtle bodies, the chakras (and their physical counterpart within the endocrine system), and the nadis. Each of the chakras is associated with an endocrine gland. The role of the endocrine, although not considered 'subtle anatomy, plays a very important role in the health, emotions and well-being of the individual. (*See attached Appendix B for information on chakras*).

Inherent in esoteric healing is the need to understand the cause and reason for disease. It is said that almost all disease is caused by imbalances and lack of harmony that have their roots in the subtle bodies, thus impeding the vitality and flow of energy. Imperfect flow of energies results in congestion, over-stimulation, aberration, etc. ultimately affecting the physical structures.

Other causes of disease may be karmic, hereditary, racial, or inherited planetary influences known as miasms. Sometimes referred to as the 'sins of the father', miasms or taints are special features, which reside in our subtle bodies, and may ultimately manifest at a certain point in the individual's life through disease and ill health. Miasms may be inherited from our ancestors, received from the etheric body of the earth at birth, or acquired as a result of infection. Traumas or accident can also trigger miasms.

For example, one of the analyses I carried out as part of treatment recently revealed a miasm triggered by a chronic disease. Analysis established that this patient had a predisposition to the Psora and Syphilis miasms. At age 19 she contracted the inflammatory bowel disease ulcerative colitis. (This is a disease that causes inflammation and sores or ulcers in the lining of the large intestine.) As a result of trauma experienced at the onset of this disease the

patient's latent Psora miasm was triggered. As a result, based on analysis and information gleaned from the case history, her health has been compromised. This patient presented with auto-immune hepatitis and ME.

To deal with a situation as suggested in the previous paragraph, an esoteric healer can utilise a number of approaches. Flower remedies, colour, sound, and gem therapies, homeopathy, and tissue salt treatments are only a few of the methodologies available that may be used by the radionic practitioner.

These modes of treatment are used to bring the subtle bodies and chakras back into balance and harmony, eliminating root causes such as toxins and miasms with the positive effect of vitalising the organ systems and thus the whole body. The esoteric healer is aware that medical advice and treatment complement esoteric healing and should always be sought. It will be a brighter day when the esoteric healer and the medical practitioner can work in harmony for the good of the patient.

As a healing technique radionics itself falls firmly under the banner of esoteric healing as it works on the premise that each organ, disease and remedy vibrates to its own frequency. In radionic analysis, rates are used to detect disharmony in the organs. Equally in treatment, rates are broadcast to bring the organs back into balance. Radionic healing is little understood and I am still learning the techniques, art and science of this fascinating and effective healing mode.

In the search to understand how sound works in healing and specifically in radionics, I stumbled upon the science of Cymatics. Apparently, the basis of this science was discovered by the 18th century German physicist, Ernst Chladni, who observed that 'sound creates structure'. It is said that he made his discovery by mounting a metal plate on a violin, placing a small amount of very fine sand on the plate, and drawing his bow across the strings. One tone he sustained for a long period and, as a result, the sand moved into geometric patterns and concentric circles. When he changed the pitch the sand particles moved and formed other organic shapes – spirals, radiating wheel spokes, and hexagonal grids. This experiment proved that sound can affect physical matter.

Finding this information was a bit like finding a root cause to a challenging patient's presenting symptom. It also shed some light on an interesting effect I experience at times when treatment is being broadcast, an effect I little understood the first time it happened, but have come to appreciate. If I close my eyes during broadcasting treatment, I can see a light in the shape of a spiral radiating from my Ajna chakra into space. The first time I experienced this I thought it was a subconscious link with the spiral on the School's logo. However, when this was repeated, I remembered inner guidance received

during the Analysis stage that I should 'pay attention to spirals and labyrinths'. As geometric shapes abound in the natural world, and I recognised that these shapes were related to vibrations, I decided that was where my attention should be focused to elicit some answers, until I found Chladni's theory. I am beginning to have a deeper understanding on how radionics works.

Chladni's discoveries with sound notwithstanding, I turned to the ancient myths, and there are numerous references to the power of music in esoteric healing. For some indigenous peoples music forms a part of some of their most sacred healing and transitional rites and rituals. Bailey, in describing the process of death suggests that the chanting of specific tones is a part of the 'ritual of transition' of the dying person.

Only recently, on the Johnny Walker Radio Show on BBC Radio 2, the pop group *The Storys* were being interviewed. The mother of one member of the group had been diagnosed with lung cancer. For a year they all, as a family, would sing and tone as a way of bringing healing to the mother who also had been a singer. On her deathbed some months later in the hospice, they sang and toned from 6:00 p.m. for three hours as she lay dying, thus enabling her to have a beautiful and peaceful death. It would appear, therefore, that music as a healing tool is alive and at work here in our midst.

The power of sound to cure diseases, especially of the nervous type, is well documented, and Blavatsky states in *Isis Unveiled*, "Asclepiades used music, in the form of a trumpet to cure sciatica, the prolonged sound making the fibres of the nerves palpitate thus easing the pain..."

The Bible even includes at least one reference to the power of sound. It is written in the Book of Samuel, "...the evil spirit was upon Saul, David took his harp and played, after which *Saul was refreshed and well*, and the evil spirit departed from him."

In esoteric teachings it is said that when a new soul incarnates it sends forth a vibration that resounds throughout the entire cosmos...the earth and heavens. This vibration continues to sound throughout the incarnated life of that soul.

Physical, mental and psychic protection is important to the healer practitioner and this protection includes the patient. As part of the routine to maintain a healthy body, adequate sleep, healthy eating and time in nature is very important to a healthy etheric body – and a healthy Alta Major centre. Meditation to fine tune the mind and sharpen the intuition is equally important as this enables the practitioner to make contact with the 'master' within or above, depending on one's spiritual leanings.

Psychic protection is highly recommended and goes hand in hand with a healthy mind and body. Most teachers in esoteric and spiritual practices recommend this necessary discipline and an essay on esoteric healing would be incomplete without mentioning this most important aspect of protection in the role of the esoteric healer.

In summary, esoteric healing presently lies outside the orthodox healing disciplines, but it has played and continues to play an important role in the 'tool box' of spiritual and personal development. Inherent in this discipline are the ethical, theoretical and practical ways in which the esoteric healer practises, which is in some ways similar to the training of the Western Mysteries initiate.

This training and practice stems back to the ancient mystery schools tradition of Egypt, Tibet, Greece, and many others. As we move further into the 21st century, esoteric healing and its disciplines hopefully will lose the 'unorthodox' label and be embraced by the majority. As Bailey explains, "the right practice of esoteric healing must conform to the new age development of group consciousness and the establishment of right energy relationships... which underpin all aspects of esoteric training."

As a healer in training, I believe it is in our best interest as spiritual beings on a human journey on this most Sacred Earth, to be mindful that esoteric healing extends to Her also. As an old friend once said to me, "remember, we are the skin of the earth". It is therefore our responsibility to begin ours, and the Earth's healing journey as soon as our karma allows using all the esoteric and exoteric tools available to us.

APPENDIX A

PALLAS ATHENE – Associations with the Healing Arts

Pallas Athene – Principle of Creative Intelligence

Character: Goddess of Wisdom and Justice, Protectress of the State, Weaver and Spinner

Symbols: Owl, Serpent, Olive Tree, Shield and Spear, Distaff, Aegis with Gorgon's head

Polarities: Courage/Fear

Associated Astrological Rulerships: Libra, Leo, and Aquarius

Asteroid Discovery: Pallas a large asteroid was discovered in 1802, between Mars and Jupiter.

According to Demetria George in her book *Asteroid Goddesses*, "one of Pallas Athene's many aspects was that of Hygeia, goddess of miraculous heal-

ing. Legend has it that she gave Aesclepius a vial of blood from Medusa’s severed head and instructed him to use it to revive the dead and regenerate the living.

“In the psychological area, Pallas Athene rules those psychotherapies, which integrate and balance whole patterns of the psyche. This includes gestalt therapy, transactional analysis, bioenergetics and psychodrama.

“In physical healing, Pallas acts to activate, balance, and redirect the vital energy currents that flow through the body. Hence, she heals through such sciences as polarity therapy, acupuncture, homeopathy, macrobiotics and cellular regeneration.

“Astrologically, Pallas governs those healing techniques that integrate mind and body. Specifically, Pallas governs all mental self-healing techniques—visualisation, affirmation, meditation, mind-control, guided imagery and hypnosis”.

On the natal chart, a prominent or well-aspected Pallas, according to George, “will indicate a potential for working with these therapies, either as a healer or as a healee. Stressful aspects may denote the presence of diseases that are rooted in the mind, or the existence of major imbalances in body functioning, until the person learns to see clearly on all levels. Pallas is also linked with father complexes”. On a personal note I first started working with Pallas Athene in the early 80s, and over the years I have been intrigued by the continued relevance and synchronicity of her myth to my ongoing work and development. Recently, in radionic treatment it was established that the Bach Flower remedy Olive would be helpful to the patient. Researching the healing qualities of Olive after broadcasting treatment in Mechthild Scheffer’s *Bach Flower Therapy*, I unexpectedly discovered that “Olive relates to the principle of regeneration, peace and restored balance”. As noted above, the Olive and the principle of regeneration, as well as peace and restored balance, all are themes surrounding the mythology and astrology of Pallas Athene.

APPENDIX B

Summary of Chakras, Colours, Musical Notes and Endocrine Glands

Colour	Note	Chakra	Endocrine Gland
Red	C	Base	Adrenal
Orange	D	Sacral	Gonads
Yellow	E	Solar Plexus	Pancreas

Green	F	Heart	Thymus
Blue	G	Throat	Thyroid/Parathyroid
Indigo	A	Brow	Pituitary
Violet	B	Crown	Pineal

Source: Ted Andrews (2005) *The Healer's Manual*.

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